



A Place To Turn

(508) 655-8868

Joanne Barry

info@aplacetoturn-natick.org

A Place To Turn is committed to providing emergency food, diapers, and personal care to our neighbors in the MetroWest community. We will serve those in need in an atmosphere of caring and mutual respect.

Access Framingham Television

(508) 875-5434

Jason Daniels

jdaniels@accessfram.net

Access Framingham's mission is to engage, serve and enrich the community by developing programming by and for the people of Framingham, providing educational opportunities, and facilitating the exchange of ideas and information through traditional and new media.

Advocates

(508) 628-6300

Allison Daigle

dnewark@advocates.org

Advocates champions for people who face developmental, mental health, or other life challenges. We partner with individuals and families to shape creative solutions to even the greatest obstacles. First, we listen. Then, together, we do what it takes to help people thrive.

Ashland Sporting Association, Inc.

(508) 641-1222

Steven Greenberg

The Ashland Sporting Association, a 501(c)(3) non-profit incorporated in 2013 and registered in the Commonwealth of Massachusetts, Lots of running history occurred on the streets of Ashland. The Ashland Sporting Association is working towards developing a Marathon Hall of Fame in Ashland, MA on Pleasant Street at Marathon Park, the original starting line of the Boston Marathon in 1897 through 1923. Each year a portion of the races proceeds go towards making improvements in Marathon Park and the development of a museum nearby dedicated to "The Ashland Era".

atac:downtown arts and music

(508) 405-2787

Jannelle Codianni

jannelle@zingnet.org

atac's mission is to provide a venue for visual and performing artists and nurture a community of artists, art supporters, and art appreciators in the MetroWest area of greater Boston. Founded in 2005. We host high-quality, professional musicians and performers and are home to a variety of programs, open mics, and classes. Our vision includes bringing together a diverse community of artists

and art appreciators of all ages, cultures, and interests in a supportive and nurturing environment.

Bethany Hill Place

(508)270-8005

Gloria Franqui

gfranqui@bethanyhillplace.org

Since 1994, Bethany Hill Place has combined housing with learning opportunities to give the community's poorest and most marginalized adults, children, and families the foundation they need to build long-term success. To make the greatest impact, we require involvement in education and/or training as a condition of residency and provide an array of programming to support personal goals. These resident-centered learning opportunities and individualized supports empower our residents to develop skills, strengthen their lives, and create self-sufficient futures.

Better Business Bureau Serving Eastern MA, ME, RI, & VT

(508) 652-4800

Paula Fleming

info@boston.bbb.org

The BBB is here to help you with every aspect of running your business: marketing, sales, and technology. We are also here to help you manage your relationships with your customers -- specifically based on their feedback through complaints and reviews.

Big Brothers Big Sisters of Central MA/MetroWest

(508) 879-7762

Lindsey McCarthy

lindsey.mccarthy@bbbscm.org

Big Brothers Big Sisters of Central Mass & MetroWest creates professionally supported, 1:1 mentoring programs for youth in the 80+ communities we serve. These mentoring relationships support the social and emotional development needed for youth to build resilience, mental health, and well-being. We believe every child deserves a chance to ignite their potential!

Boys & Girls Clubs of Metrowest

(508) 485-4912

Chris Duane

chris.duane@bgcmetrowest.org

Boys & Girls Clubs of MetroWest provides social, educational, physical and cultural programming for boys and girls in the MetroWest area. The intent of these programs is to enhance the development of children and to prepare young adults to be responsible and productive members of the community.

Daniel's Table

508-405-0769

Sandra Montesino

smontesino@danielstable.org

Daniel's Table is a free food resource that supports local families and individuals in need. Focusing

on locally sourced, nutritious foods whenever possible. Our goal is to find the "hidden hungry," those folks who struggle with food security but are not eligible for or are not currently being served by traditional food programs. To accomplish this goal, we strive to introduce innovative programs which enrich the lives of Framingham residents and provide support to our neighbors in need. Daniel's Farmer's Market is a client choice food pantry held once weekly. The Community Freezer Program uses rescued food to make nutritionally dense meals that are packaged, labeled and frozen at Daniel's Table and distributed to 22 freezers located in the City of Framingham. Our partners now have an immediate response to hunger. More information can be found at www.danielstable.org.

Downtown Framingham, Inc.

(508) 656-0168

Anthony Lucivero

anthony@downtownframinghaminc.org

Downtown Framingham, Inc. is an independent 501(c)(3) non-profit dedicated to serving both the residents and local businesses of downtown Framingham by creating the most vibrant and socially engaged area in the MetroWest.

Edwards House Meetings and Retreats

(508) 875-5233

Kate Ostertag

ostertagk@sneucc.org

The combination of convenience and quiet ... make Edwards House the perfect location for meetings, retreats or gatherings of any kind. The gracious yet casual setting is conducive to relaxed conversation, contemplation and community, as well as to providing a productive working environment. We welcome individuals and groups of all faiths, non-profit organizations and educational institutions.

Employment Options, Inc.

(508) 485-5051 ext. 233

Pat Macomber

pmacomber@employmentoptions.org

Employment Options empowers individuals and families in mental health recovery to thrive in their communities. Through employment, education and advocacy programs, we inspire people living with mental illness to reclaim their lives by discovering their own potential, skills and gifts.

Family Promise of Metrowest

(508) 318-4820

Carole Brodrick

carole@familypromisemetrowest.org

Family Promise Metrowest offers a comprehensive, community response to families who are facing homelessness through four programs that address a spectrum of housing and stabilization needs: Our Shelter program offers temporary housing to fam-



ilies with children that have lost their home; the SAIL program supports families that graduate from our shelter for one to two years to ensure their successful transition back into community housing; our LIFE program helps families facing eviction or shelter entry remain in safe housing; and our Steps to Success program, which provides educational and career-building assistance to help families increase their income and create stable careers. By providing encouragement, guidance, and the resources to reach their goals, we help motivated, hard-working families move out of poverty and into stable, sustainable homes.

Foundation for MetroWest

(508) 647-2260

Renee Quinn

rquinn@foundationformetrowest.org

Framingham History Center

(508) 626-9091

director@framinghamhistory.org

Framingham History Center was established in 1888 as the Framingham Natural History and Historical Society. We celebrate Framingham's history by providing a rich offering of public events, lectures, exhibitions, celebrations, and tours. We inspire and educate the public, provide community gatherings, and share historical research resources with all.

GSA Link, Inc.

(508) 735-1267

Melissa Clark

meliss3939@verizon.net

GSA Link, Inc. is a 501(c)(3) dedicated to connecting, empowering, and inspiring LGBTQ+ youth. Founded by a transgender young adult and his loving mother, GSA Link provides LGBTQ+ youth and families in the MetroWest region with evidence-based services. Our programs include Linked Mentoring (1:1 mentoring with LGBTQ+ adults), Little Links (K-5 group), and the Parent and Caregivers Support Group. Learn more about how you can support the important work we do by visiting gsalink.org or emailing us at projectgsalink@gmail.com.

Habitat for Humanity MetroWest Greater Worcester

(508) 799-9259

Debbie Maruca Hoak

debbie.marucahoak@habitatmwgw.org

Habitat for Humanity MetroWest/Greater Worcester's mission is to build homes, communities, and hope for local families and veterans. We build homes throughout 42 cities and towns in Middlesex and Worcester counties. With an affordable home, families build strength, stability, and self-reliance. Our programs include our Affordable Home Build Program that builds safe, decent, and affordable homes for local families and veterans, Home Repairs, that focuses on exterior home repairs to address health, life, and safety/code issues for those struggling to maintain their homes due to age, disability, or family circumstances, and our Operation Playhouse program that builds free playhouses for the children of veterans or military families. In addition, our Restores in Ashland and Worcester sell gently used home items,

building materials, and appliances for a fraction of the price. Every purchase benefits our mission to build homes, communities and hope. To find out more about how you can get involved as a volunteer or partner, contact Deborah.Huegel@habitatmwgw.org. Our website is www.habitatmwgw.org.

Hope & Comfort, Inc

(617) 512-1823

Jeff Feingold

jfeingold1997@gmail.com

Hope & Comfort's mission is to provide essential hygiene products to support and improve the health, self esteem, and hygiene education of student aged children, families and adults in need across Greater Boston. Hope & Comfort's vision is that one day, everyone in the US will have access to the basic hygiene products they need to feel clean, confident, and healthy.

Invictus Forever

(508) 782-9247

Carolyn Langer

clanger@invictusforever.org

Invictus Forever is a nonprofit organization that seeks to meet the vocational, recreational, social, educational, and therapeutic needs of children and adults with disabilities. Invictus Forever's meaningful activities and inclusive social initiatives cater to individuals with mild to severe disabilities (e.g., autism, developmental disabilities, Down syndrome, cerebral palsy) By promoting a tolerant and respectful atmosphere that recognizes and nurtures each individual's unique talents, we are able to create a safe, warm, and welcoming environment where individuals of all strengths and abilities can excel.

Jeff's Place

(508) 879-2800

Elyse Hyman

elyse@jeffsplace.org

Jeff's Place offers hope and healing in a supportive community for grieving children, teens, families, and individuals.

Jewish Family Service of MetroWest

(508) 875-3100

Lino Covarrubias

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Founded in 1979, JFS of Metrowest is a Framingham, Massachusetts based non-profit agency that is committed to accelerating social, academic and health equity and provides vital services to alleviate suffering, enhance lives and support people in need. JFS is a diverse and inclusive organization that serves Metrowest area residents of all ages and backgrounds with programs/services designed to support the needs of low-income immigrants, older adults, and members of the Jewish community. JFS works with over 100 community partners and deploys over 300 volunteers to serve 7,500 people annually and has been awarded a 4-star rating from Charity Navigator. Visit JFSMW.org to learn more.

Leadership MetroWest

(508) 872-6161

Helen Lemoine

info@leadershipmetrowest.org

Our goal is to encourage and empower Academy participants and alumni to be more effective community and business leaders and to embrace civic engagement and cross-sector collaboration.

Marlborough Economic Development Corporation

(508) 229-2010

Meredith Harris

info@marlboroughedc.com

MEDC is the state chartered economic development arm of the City of Marlborough, Massachusetts, and represents a public-private partnership for planning. We work with municipal and private investors to foster economic development, job growth and community revitalization and expansion in the city.

Massachusetts 4-H Foundation

(505) 881-1244

Carrie Myers

info@mass4hfoundation.org

The Massachusetts 4-H Foundation is an independent nonprofit 501(c)(3) organization committed to the enrichment and advancement of 4-H youth development programs throughout the Commonwealth. Established in 1955, the Foundation generates and provides resources to help expand the 4-H program in Massachusetts. The Foundation fulfills its fundraising mission through an annual fall golf fundraiser, 4-H alumni events, and Annual Fund campaigns throughout the year. In addition, we work to raise money for our endowment and commit to securing grants for specific 4-H programs to grow the reach of 4-H to urban areas.

MetroWest ESL Fund

(508) 626-4282

Christine Tibor

ctibor@framingham.k12.ma.us

The MetroWest ESL Fund was established in 1999. Over the past years, we have been successful in raising over \$750,000 to fund six classes at Framingham Adult ESL Plus. By giving students the opportunity to learn the English language, the local community reaps numerous benefits. Students become more productive employees and demonstrate increased community involvement. Still, hundreds of students stand in registration lines, only to be turned away.

MetroWest Free Medical Program

(508) 656-0740

Danielle Kehoe

danielle@metrowestfreemedicalprogram.org

MetroWest Free Medical Program provides free general medicine, women's health, and vision care during evening clinics for residents of MetroWest who are uninsured or insufficiently insured. Even with advances in health care access, gaps in our health care system remain, and our program fulfills a critical need for services, offering a place for patients to go other than the emergency room. Providing access to healthcare for individuals who are immigrants, newcomers, or for whom English is not their primary language, regardless of circumstances, is the heart of our work. For 18 years, MWFMP has thrived with the continued dedication of volunteer medical providers, students,



and community members, as well as part-time staff and volunteer and consultant interpreters. We are a vital and steadfast part of the health safety net in our region. As we do not charge patients for our services, our revenue is 100% from grants, allocations, and donations. We receive in-kind support through donations of supplies and volunteer time. We have a strong reputation among local foundations, and a well-established track record of obtaining funding from foundations, corporate sponsors, civic and faith-based organizations, and state allocations.

MetroWest Legal Services

(508) 620-1830

Betsy Soule

bsoule@mwlegal.org

MetroWest Legal Services provides free legal aid to qualifying clients in 45 communities across the region. We offer assistance in civil legal matters, which include issues related to housing, immigration status, access to services in healthcare and education, preparation of legal documents for seniors, victims of crime, custody, divorce, or domestic violence.

MetroWest Visitors Bureau

(508) 361-9881

Erin Lynch

erin@metrowestvisitors.org

Here at the MetroWest Visitors Bureau, we spotlight all the area has to offer to stimulate the economy in the MetroWest. As an independent nonprofit organization, we focus on the region's cultural and recreational venues, retailers, restaurants, accommodations, and educational and other services to visitors and residents alike. We aim to brand the region, build collaborations across sectors and towns, support jobs-producing enterprises, and celebrate the diverse and vibrant MetroWest community. With one visit to our website, travelers and residents can easily plan a trip full of local events, cultural and recreational activities and easily find restaurants with delicious food and other accommodations. For more information, visit metrowestvisitors.org and we hope to see you around!

MetroWest YMCA

(508) 879-4420 x255

Rick MacPherson

The MetroWest YMCA is a cause-driven charitable organization that offers programs and services that support a healthy mind, body, and spirit. Through our focus on youth development, healthy living, and social responsibility, we strive to nurture the potential of every MetroWest resident while strengthening our community. In Framingham, we offer an award-winning Early Learning Center (282 Old Connecticut Path), a seasonal Clearbrook Swim Club (120 Parker Road), and a full-facility branch with a gym, pool, and year-round sports, aquatics, nutrition, fitness, weight-loss, personal training, and enrichment programming for all ages (280 Old Connecticut Path). We offer a 122-acre Family Outdoor Center in Hopkinton (45 East Street) with boating, archery, rock climbing, and seasonal outdoor adventure. We also provide before-and-after-school educational programming

in area schools and six summer camps throughout the MetroWest. Through our work, we take on the most urgent needs in our community - fighting food insecurity, teaching vital water safety skills, offering chronic disease prevention programs, and providing financial assistance so everyone can benefit. Come see what we are all about and let us help you "Find Your Y." Learn more at MetroWestYMCA.org.

Natick Center Cultural District

(508) 650-8848

Athena Pandolf

info@natickcenter.org

Natick Center Cultural District, visitors can expect an intimate friendly experience and the rich heritage of a classic New England town, while celebrating a vibrant, contemporary fusion of art, culture and business.

New Life Furniture Bank of MA

(508) 654-9099

Ron Yates

ronyates64@gmail.com

New Life Furniture Bank of MA (New Life) is a volunteer-led 501(c) 3 organization that provides donated essential household furnishings to individuals and families transitioning out of homelessness, helping them transform an empty space into a home. This includes veterans, those escaping domestic abuse, victims of fire and floods, refugees and the unemployed. Our clients are referred by over 150 social service and healthcare agencies, faith communities and Veteran support groups in the Greater Boston Metro-West area.

Parmenter Foundation

(508) 358-3001

Angela Crocker

gcoppola@parmenterfoundation.org

The Parmenter Foundation is a charitable organization in MetroWest that provides hope and support for our community members who are grieving or in need of compassionate end-of-life care. We provide funding for nonprofit organizations that deliver high quality, innovative bereavement programs and palliative care, and we offer educational and inspirational resources that help our neighbors navigate through the challenging grief process. The Parmenter Foundation is committed to helping MetroWest families build resilience and facilitating their journeys toward healing.

Pelham Lifelong Learning Center

(508) 879-5484

Maria Rosado

mrosado@jmcandco.com

Our mission is to expand our community engagement and strengthen our collaboration with community partners in order to improve access to services, resources, and opportunities to help our residents achieve their individual and family life goals. We offer a variety of services for all ages. For youth ages 7-17 we offer homework assistance, craft activities, field trips, stem activities, college prep, volunteer opportunities in center & in the community, after school drop-in program, job search for teens, and musical lessons. For adults

we offer job search and resources, faxing, copying, printing, volunteer opportunities, financial assistance (including housing), access to food pantries around the community, ESL classes, cooking classes, fun activities (field trips, arts & crafts, BINGO). Anyone is free to stop by and pick up our weekly/monthly calendars.

Planet Aid, Inc.

(508) 893-0644

Greg Nesta

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We make it easy for you to recycle your textiles, which helps you protect the environment. The latest statistics show that Americans discard 85% of unwanted clothes, even though nearly all household textiles can be recycled. Disposing of those items in a landfill produces greenhouse gases that contribute to climate change.

RCS Learning Center

508-650-5940

Christina King

rgovender@rcslearning.org

RCS Learning Center is committed to creating a school wide environment that exceeds the standards for teaching students with Autism effectively. Applied Behavior Analysis (ABA) is the major treatment methodology, with an emphasis on the Verbal Behavior Model for teaching communication and language skills. Our team of expert clinicians works diligently to create individualized curriculum and teaching procedures that fit each child's specific learning style. Initial programming is based on assessment, baseline, current information, data analysis, preferences, and learning history. Ongoing evaluation of curriculum and teaching procedures occurs through direct observation, data collection and analysis, and weekly rotation meetings to ensure that all students receive the most effective programming possible. Instruction is provided across a variety of environments and therapists in order to promote generalization of skills from the school environment to home and community settings.

Read to a Child

(781) 489-5910

Kaela Mento

kaela.mento@readtoachild.org

Read to a Child is a national literacy and mentoring nonprofit that fosters a love of reading, improves literacy skills, and supports social-emotional well-being in students from under-resourced communities.

Rotary Club of Framingham

Jack Colamaria

info@framinghamrotary.org

The Rotary Club of Framingham is a service organization of local men and women from Ashland, Framingham, Holliston and Hopkinton, who want to better the community in which we live and/or work. As a club, we undertake a variety of community projects which range from building a new playground to clean-up of a town park to serving Thanksgiving dinner to those in need.



Salvation Army

(508) 875-3341

Kevin Maguire

The Salvation Army, an evangelical part of the universal Christian church established in 1865, has been supporting those in need in His name without discrimination for 130 years in the United States. Nearly 30 million Americans receive assistance from The Salvation Army each year through the broadest array of social services that range from providing food for the hungry, relief for disaster victims, assistance for the disabled, outreach to the elderly and ill, clothing and shelter to the homeless and opportunities for underprivileged children. 82 cents of every dollar spent is used to support those services in 5,000 communities nationwide.

South Middlesex Opportunity Council (SMOC)

(508) 620-2300

Greg Tutuny

gtutuny@smoc.org

South Middlesex Opportunity Council will improve equity, wellness and quality of life for diverse individuals and families by providing advocacy, education, and a wide range of services; building a community of support and inclusion; and creating awareness to combat poverty through partnerships and coalitions with other organizations.

Southern New England Conference, UCC

(781) 330-5603

Lee Gagen

gagenl@sneucc.org

The Conference is one of 36 regional bodies of the United Church of Christ, a distinct and diverse community of Christians that come together as one church to join faith and action. The Conference comprises 615 churches, more than 1600 authorized ministers and nearly 120,000 members.

SPARK Kindness

(508) 269-1127

Christine Guthery

mmarotta@sparkkindness.org,

cguthery@sparkkindness.org

A unique, grassroots force in the national kindness movement, SPARK Kindness ventures into vulnerable, emotional issues to cultivate skills for caring and equity. We work with schools, parents, and civic institutions. Our "wrap around" programs and resources better equip communities to create lasting interdependence and connection.

Special Olympics Massachusetts

(508) 485-0986

Matt Ruxton

matt.ruxton@specialolympicsma.org

Special Olympics is changing the way people with intellectual disabilities are seen in the world. Special Olympics MA help create a more inclusive community where you live. Through the power of sport, Special Olympics athletes with intellectual disabilities show: That they can compete in 23 Olympic-type sports. That they can train and im-

prove their skills and they can develop teamwork and communication skills.

The Center For Arts In Natick (TCAN)

(508) 647-0097

David Lavalley

info@natickarts.org

TCAN provides a cultural center to the MetroWest Boston region, where national and emerging artists present performances, literary events, and art exhibitions in an environment that brings together individuals and families, children and seniors. Classes in music and theatre are held for students of all ages.

The Doug Flutie, Jr. Foundation for Autism

508-270-8855

Nick Savarese

nsavarese@flutiefoundation.org

Our programs and activities improve the quality of everyday life for people and families affected by autism along seven key dimensions that are critical to living each day fully. We aim to provide a path for education and/or employment during the day; opportunities for physical and social activity outside of work/school; and the tools to be safe, supported, and informed at all times

The Learning Center for the Deaf

(508) 879-5110

Lydia Colon

lcolon@tlcdeaf.org

The mission of The Learning Center for the Deaf is to ensure that all deaf and hard of hearing children and adults thrive by having the knowledge, opportunity and power to design the future of their choice.

The Price Center

617-244-0065

Mike Markowitz

mike@mmarkowitz.com

Empowering, encouraging, and caring for individuals with special gifts, needs, and abilities for more than 40 years, the Price Center of Newton, MA is a life-changing service agency that offers a range of extraordinary programs.

United Way of Tri-County

(508) 872-3291

Eileen Davis

eileen.davis@uwotc.org

Mass211: Mass211 is the statewide platform for all health and human service needs. 211 is the most comprehensive source of information about local resources and services. With resources for childcare, housing, food security, behavioral health, transportation access, we are here to help. Simply dial 2-1-1 from any landline or cell phone in Massachusetts or visit mass211.org. Call2Talk: Call2Talk is a mental health, emotional support, and suicide prevention program run by Mass211. It operates 24/7 and provides confidential, compassionate listening to assist people – including those who may be despondent or considering suicide. Call2Talk is a National Suicide Prevention Lifeline Crisis Center and partners with Crisis Text Line to respond to people

by text. Besides its primary function as a helpline, Call2Talk also provides the following: TeleCheck – a telephone check-in service for isolated older adults living at home in partnership with BayPath Elder Services and Advocates, Inc. serving MetroWest. MetroWest LOSSteam – a partnership with police departments to offer immediate on-site peer emotional support to suicide loss survivors in Ashland, Holliston, Hopkinton, Hudson, Sherborn, Sudbury, Wayland, Belmont, Framingham, Franklin, Harvard, Lowell, Mansfield, Marlborough, Medway, Natick, Northborough, Shrewsbury, Southborough, Stow, Watertown, and Westborough. Community Education – informational presentations and best practice awareness trainings for community members including Question, Persuade, Refer (QPR) Training, Mental Health First Aid, safeTalk, Applied Suicide Intervention Skills Training (ASIST), More Than Sad, and Talk Saves Lives.

Veterans Inc.

(508) 791-1213 x1123

Lisa Quintiliani Bousbouras

Amandariik@veteransinc.org

Veterans Inc. is a national leader in ending homelessness among veterans. We have one of the highest rates in the nation – 85% – for transitioning veterans out of homelessness.

Volunteers of America

(617) 522-8086

Shannon Teles

Volunteers of America of Massachusetts (VOAMASS) is a nonprofit organization dedicated to serving those most in need. We give members of the community the services, support, and skills they need to create a fresh start. With behavioral health services at its core, our client-centered approach successfully serves veterans, individuals living with substance use and mental health disorders, incarcerated and re-entering men and women, and seniors. VOAMASS guides and helps our clients identify training areas of interest, gain competencies and credentialed training for employment in in-demand industries, and have a supportive team to ensure their success. We design workforce development programs, in partnership with employers and training providers, to help our clients take their next step in life.

Wayside Youth & Family Support Network

(508) 897-9800

Nick Kane

info@waysideyouth.org

Wayside works with families under significant stress due to mental illness, behavioral problems, addiction issues and other challenges. We also support youth who have experienced abuse, neglect and trauma.